



# THE TRAVELING DOJO

## Martial Arts & Self-Defense



**We Come To You!**

**Respect ■ Commit ■ Persevere ■ Succeed!**

### Introductory Lesson Questionnaire

Thank you for considering The Traveling Dojo and allowing us to demonstrate how we can fulfill your martial arts and self-defense journey! As part of our introduction to The Traveling Dojo we are excited to offer you an introductory private lesson and want to make sure we provide an experience that explores your interests. Please complete the following questionnaire so we can better understand how to deliver an exceptional introductory lesson. In each section, please check all that apply.

#### What is it about our school or programs that interested you most?

<input type="checkbox"/>	Focus on the LGBTQIA+ community
<input type="checkbox"/>	Interest in serving the neurodivergent sociocultural community
<input type="checkbox"/>	Private lessons
<input type="checkbox"/>	Small group lessons
<input type="checkbox"/>	Cost of tuition
<input type="checkbox"/>	Variety in training schedule (days/wk., session duration)
<input type="checkbox"/>	Other <i>(please explain below)</i> :

#### For more information:

Email us: [info@travelingdojomartialarts.com](mailto:info@travelingdojomartialarts.com)

Visit us: [travelingdojomartialarts.com](http://travelingdojomartialarts.com)





### Which of our programs are you interested in?

<input type="checkbox"/>	Traditional martial arts black belt journey
<input type="checkbox"/>	Self-defense
<input type="checkbox"/>	Cardio kickboxing
<input type="checkbox"/>	Not sure yet, I'd like to try it all

### What are your goals (number your top 3)

<input type="checkbox"/>	To become a black belt
<input type="checkbox"/>	I want to compete in martial arts
<input type="checkbox"/>	To learn how to protect myself
<input type="checkbox"/>	To learn how to deal with bullies
<input type="checkbox"/>	I want to build / increase self-confidence
<input type="checkbox"/>	I want to learn more discipline / focus
<input type="checkbox"/>	I want to reduce stress in my life
<input type="checkbox"/>	I want to become more fit
<input type="checkbox"/>	Weight management
<input type="checkbox"/>	Other ( <i>please explain below</i> ):

Thank you for taking the time to complete this questionnaire, we look forward to your introductory lesson!

You can schedule your complimentary introductory lesson by calling Master Mark at 301-613-3658, sending an e-mail to: [info@travelingdojomartialarts.com](mailto:info@travelingdojomartialarts.com), or by going to our website (<https://travelingdojomartialarts.com/>) and clicking the blue "FREE Trial" button on our home page.

**Schedule Your FREE Trial TODAY!**