



The Traveling Dojo

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Safety Policy

Updated May 15, 2025

Safety Policy

This safety policy applies to: All students, instructors, assistants, and participants in any class, seminar, or event conducted by The Traveling Dojo at any location.

1. General Conduct and Safety Expectations

- All participants must treat instructors, peers, and host venues with respect and courtesy.
- Horseplay, bullying, or reckless behavior is strictly prohibited.
- Students must follow instructor directions at all times.
- Attendance is not permitted if a student is sick, injured, or under the influence of drugs or alcohol.

2. Physical Safety and Training Guidelines

- Warm-ups and stretching are mandatory at the start of each session to help prevent injury.
- Protective gear (mouthguards, gloves, shin guards, etc.) must be worn as instructed for sparring or contact drills.
- Techniques must be practiced with control, appropriate force, and with safety in mind, especially during partner drills.
- No full-contact sparring is permitted unless authorized and directly supervised by a certified instructor.

3. Facility Safety

- Students and parents must respect all host venue rules and policies.
- Emergency exits and pathways must remain clear at all times.
- Any unsafe condition at a venue (e.g., wet floors, broken equipment) must be reported to staff immediately.
- Equipment must be used only as instructed. Misuse may result in removal from class.

4. Instructor and Assistant Protocols

- All instructors are trained in basic first aid, CPR and the use of AED.
- A first aid kit is maintained and accessible at each location.
- Attendance and incident logs will be kept for each session.
- No instructor will ever be alone with a minor. A parent or second adult must be present.



5. Injury and Incident Procedures

- Any injury, regardless of severity, must be reported to an instructor immediately.
- Instructors will assess injuries and may stop a student from continuing training for safety reasons.
- In the event of a serious injury or emergency, emergency services will be contacted, and the parent/guardian (if applicable) will be notified immediately.
- An incident report will be created and retained on file and will be made available upon request.

6. Travel-Specific Guidelines

- All venues will be inspected for suitability before hosting a session.
- Equipment will be transported, stored, and set up by authorized personnel only.
- Class size may be limited based on space to ensure a safe training environment.

7. Parent/Guardian Responsibilities (if applicable)

- Parents/guardians must provide up-to-date emergency contact and medical information.
- For minors, a parent/guardian must remain on site unless there is at least one other adult in attendance.
- Parents are encouraged to communicate any concerns or observed risks to staff promptly.

8. Policy Violations

Failure to follow this safety policy may result in:

- Verbal warnings
- Temporary removal from class
- Suspension or permanent dismissal from the program, depending on the nature of the violation

Acknowledgment

By participating in The Traveling Dojo's martial arts and self-defense programs, you agree to abide by this Safety Policy. Your cooperation helps us maintain a safe, respectful, and productive environment for all.